



# Take **Control** of Your Recovery

**Cristiano Ronaldo**  
*Professional Football Player*



2022

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# Table of Contents

Innovation Is Our DNA	04-05
Theragun: Massage Reinvented™	06-13
TheraFace: 8 Facial Treatments in 1	14-17
Wave Series: Rolling Reimagined™	18-23
RecoveryAir: Powered by TruGrade Technology™	24-31
PowerDot: Supercharge Your Recovery	32-35
ProPack: Custom-made for Therabody Products	36-37

## Born Out of Necessity

In 2007, Dr. Jason Wersland, founder of Theragun®, got into a traumatic motorcycle accident. The accident left him in debilitating muscle and nerve pain, and nothing he tried seemed to help.

He tried treating his injuries with vibration therapy, and when that didn't work, he began his search for a handheld device that provided the deep muscle relief he needed. Dr. Jason was looking for an effective natural solution, and he couldn't find one that he could use on himself in the sea of technological devices at his chiropractic office. He didn't know it at the time, but he was about to create the world's first version of what was to become the Theragun Percussive Therapy device.

***Founded on the Principles of Natural Pain Relief***

## Innovation is our DNA



2008      2009      2010      2012      2013

*Research and Development Stage*



2016      2017      2019      2020  
G1      G2      G3      G4

*Company Launched*

*Rebranded as Therabody*

## Evolution of Therabody

Everybody is different and there is no one size fits all solution, so our portfolio is designed to help meet both your needs and preferences.

- First Percussive Therapy Device
- First Connected Device
- First Ultra-Portable Percussive Therapy Device
- Faster. Safer. More Effective Pneumatic Compression Device
- First Smart Electric Stimulation Device



# THERAGUN

Smart Percussive Therapy  
**Massage Reinvented™**



# THERAGUN PRO™

Powerfully Quiet.

*Powerful, quiet, and commercial-grade.  
The professional percussive therapy device  
in a league of its own.*



€599

- RED
- BLACK

The Theragun PRO is the most powerful and durable commercial-grade percussive therapy device equipped with 16 mm amplitude, an adjustable arm, and continuous battery life to treat 60% deeper into muscle than any consumer-grade vibration massager. With an industry-leading 2-year warranty, the Theragun PRO is the percussive therapy device with the features and performance pros know and trust.

## Features

- Proprietary brushless commercial-grade motor with QuietForce Technology
- Smart Percussive Therapy with Bluetooth connectivity
- 3 built-in app-guided preset routines
- OLED screen
- Customizable speed range (1750-2400 PPMs)
- Force meter
- Adjustable arm for full-body reach
- Delivers up to 60lbs of no-stall force
- Wireless charging enabled
- 2 swappable lithium-ion batteries (150 minutes each)
- Theragun Triangle ergonomic handle design
- Industry-leading 2-year warranty

## Includes

- Hard case
- 6 attachments in pouch
- Lithium-ion battery charger



## Attachments

- Dampener, Standard Ball, Wedge, Thumb, Cone, Supersoft™

# THERAGUN Elite™

Felt, Not Heard.

*Premium. Effective. Elevated.  
The Theragun Elite is our quietest  
Smart Percussive Therapy device.*



€399

- WHITE
- BLACK

The elegantly designed ultimate wellness partner is quieter than ever. It integrates with a personalized app experience to reduce your tension, whether it comes from everyday life, work, or workouts.

## Features

- Proprietary brushless motor with QuietForce Technology
- Smart Percussive Therapy with Bluetooth connectivity
- 3 built-in app-guided preset routines
- OLED screen
- Customizable speed range (1750-2400 PPMs)
- Force meter
- Delivers up to 40 lbs of no-stall force
- Wireless charging enabled
- Internal lithium-ion battery (120 minutes)
- Theragun Triangle ergonomic handle design
- 1-year warranty

## Includes

- Hard case
- 5 attachments
- Power adapter



## Attachments

- Dampener, Standard Ball, Wedge, Thumb, Cone

# THERAGUN Prime™

Essential Features.  
Hardly Any Sound.

*The Theragun Prime is the perfect balance of strength and style.*



€299

● BLACK

With our intuitive app as your guide, the Theragun Prime offers deep muscle treatment simplified for your needs with the essential percussive therapy features to release everyday stress and strain.

### Features

- Proprietary brushless motor with QuietForce Technology
- Smart Percussive Therapy with Bluetooth connectivity
- App-guided routines
- 5-speed range with customizable speed through our app
- Delivers up to 30 lbs of no-stall force
- Internal lithium-ion battery (120 minutes)
- Theragun Triangle ergonomic handle design
- 1-year warranty

### Includes

- Pouch
- 4 attachments
- Power adapter



### Attachments

- Dampener, Standard Ball, Thumb, Cone

# THERAGUN mini™

Small Device.  
Big Performance.

*Portable treatment packed with power. Theragun quality, anytime, anywhere.*



€199

- WHITE
- BLACK
- RED
- DESERT ROSE

Theragun mini is your pocket-sized partner, giving you Theragun quality muscle treatment with unparalleled portability. Compact but powerful, Theragun mini is the most agile massage device that goes wherever you do.

### Features

- Proprietary brushless motor with QuietForce Technology
- Ultra-Portable
- 3-speeds (1750, 2100, 2400 PPMs)
- Ergonomic grip
- Internal lithium-ion battery (150 minutes)
- 1-year warranty

### Includes

- Soft case
- 1 attachment
- Power adapter



### Attachments

- Standard Ball

# Device Comparison

	<b>Theragun PRO™</b> 	<b>Theragun Elite™</b> 
	€599	€399
1	Customizable speed range (1750-2400 PPMs)	Customizable speed range (1750-2400 PPMs)
2	16 mm	16 mm
3	60 lbs	40 lbs
4	2 swappable lithium-ion batteries (150 minutes each)	Internal lithium-ion battery (120 minutes)
5	Adjustable arm	Fixed arm
6	Proprietary brushless commercial-grade motor with QuietForce Technology™	Proprietary brushless motor with QuietForce Technology™
7	Yes	Yes
8	3	3
9	Yes	Yes
10	Yes	Yes
11	Dampener, Standard Ball, Wedge, Thumb, Cone, Supersoft	Dampener, Standard Ball, Thumb, Cone, Wedge
12	Yes	No
13	Hard case	Hard case
14	2.86 lbs	2.20 lbs
15	Industry-leading 2-year warranty	1-year warranty

	<b>Theragun Prime™</b> 	<b>Theragun mini™</b> 
	€299	€199
	5-speed range with customizable speed through our app	3-speeds (1750, 2100, 2400 PPMs)
	16 mm	12 mm
	30 lbs	20 lbs
	Internal lithium-ion battery (120 minutes)	Internal lithium-ion battery (150 minutes)
	Fixed arm	Fixed arm
	Proprietary brushless motor with QuietForce Technology™	Proprietary brushless motor with QuietForce Technology™
	Yes	No
	No	No
	No	No
	No	No
	Dampener, Standard Ball, Thumb, Cone	Standard Ball
	No	No
	Pouch	Soft Case
	2.20 lbs	1.43 lbs
	1-year warranty	1-year warranty

1. Speed 2. Amplitude 3. Force 4. Battery Life 5. Arm Position 6. Motor 7. Bluetooth Connectivity  
 8. Built-in Presets 9. OLED Screen 10. Wireless Charging Enabled 11. Attachment 12. Attachment Pouch  
 13. Travel Case 14. Weight 15. Warranty

# TheraFace PRO

by Therabody

The Ultimate Device for Facial Health





# TheraFace PRO

by **Therabody**



## The Ultimate Device for Facial Health

€399

- WHITE
- BLACK

Bringing Therabody's renowned technology behind percussive therapy to the face to reduce tension, relax facial muscles, and care for it at the deepest level – true facial health therapy. It combines percussion, microcurrent, LED therapy, and cleansing to treat your complexion and facial muscles.

### Features

#### Percussive facial therapy

- Reduces facial tension
- Relaxes facial muscles

#### Microcurrent

- Firms and tightens the skin
- Improves muscle tone and contour in the face/neck

#### Percussive facial therapy

- Reduces wrinkles around the eyes
- Reduces acne
- Provides therapeutic warming to temporarily reduce pain and discomfort

#### Deep cleansing with percussive therapy

- Provides a gentle, enhanced cleansing

### Additional Features

- OLED screen
- 120-minute battery life
- 15 sec. beep for guided timing during treatments
- Two color options (white & rose gold, black & gold)

### Includes

- TheraFace PRO device
- 3 Percussive Facial Attachments (Cone, Micro-Point, Flat)
- Microcurrent Ring
- LED Ring (Red, Blue, & Red+ Infrared Light)
- Cleansing Ring
- TheraOne Conductive Gel (1.7 oz)
- Soft Carrying Bag
- Stand
- USB-A to USB-C charging cable



# Hot & Cold Rings

Powered by Cryothermal Technology™



€99

- WHITE
- BLACK

The TheraFace Hot and Cold Rings, which attach to your TheraFace PRO device, feature a combined 6 varying temperature settings to better help your skin absorb creams, help reduce facial puffiness, improve radiance, and much more.

## Hot Ring

- Relaxes and reduces tension
- Decreases muscle spasms
- Increases blood flow

### Hot Ring Temperature Settings:

- 35C/95F
- 39C/102F
- 43C/109F

## Cold Ring

- Decreases pain
- Decreases inflammation
- Decreases muscle spasms

### Cold Ring Temperature Settings:

- 26C/78F
- 22C/71F
- 18C/65F

### Includes

- 1 TheraFace Hot Ring
- 1 TheraFace Cold Ring
- Soft Carrying Case

# Wave Series

Vibration Therapy  
Rolling Reimagined™



## Wave Roller™

Smart Vibrating Foam Roller



**Maria Sharapova**  
5x Grand Slam Champion & Therabody Ambassador

€149

● BLACK

The Wave Roller is thoughtfully constructed to deliver the most powerful and efficient foam rolling experience. The smart vibrating foam roller is Bluetooth enabled with five intensity settings, which allow you to tailor both your warm-up and recovery conveniently from your mobile device with the Therabody app.

### Features

- 5-speed settings for a customized experience
- 3-hour battery life for sustained use
- 12 inches long for full-body treatment
- Hypo-allergenic EVA high-density foam for full-body support

### Smart Features

- Wireless charging enabled
- Bluetooth connectivity

### Includes

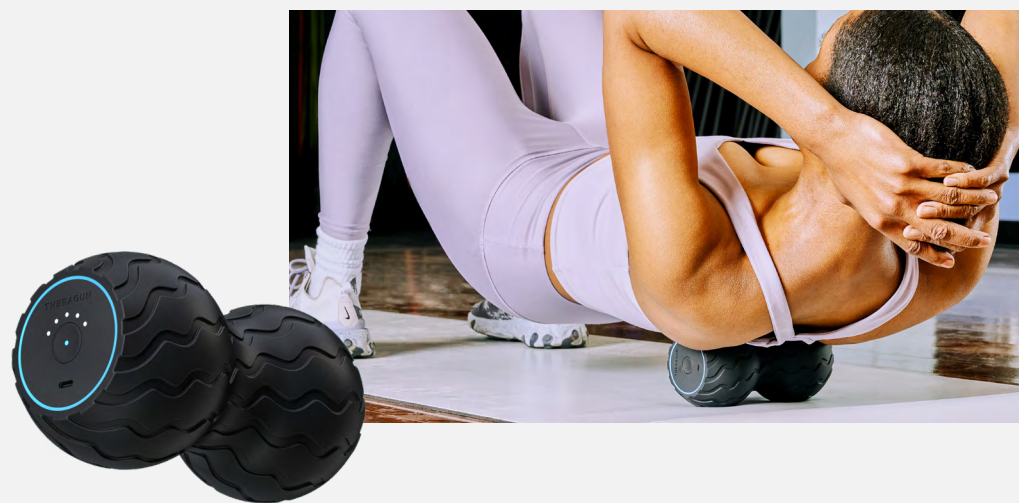
- Charger
- Deluxe carrying bag

\*Add-on Feature: Multi-Device Wireless Charger available for purchase which charges your Wave Roller, in addition to the Theragun PRO and Theragun Elite devices.



## Wave Duo™

Portable. Versatile. Ergonomic.



€99

● BLACK

Reduce tension and increase range of motion with the Wave Duo. It's thoughtfully constructed and ergonomically designed to apply pressure and vibration to those hard to reach areas.

### Features

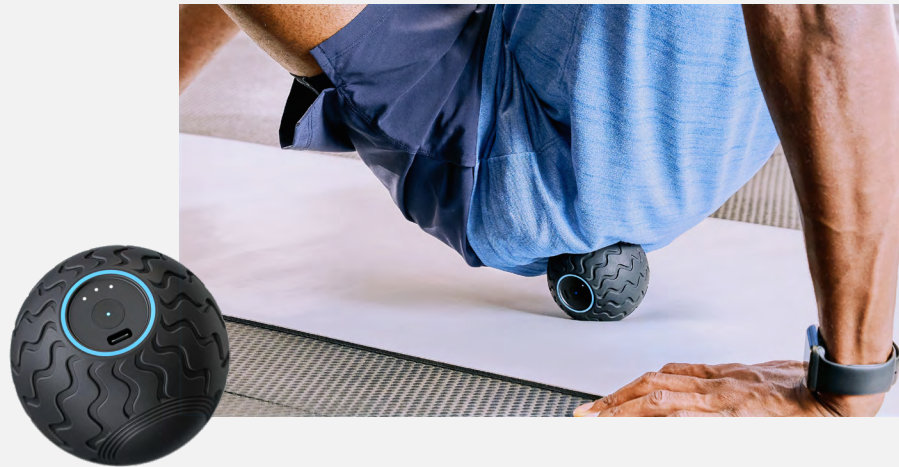
- 5 intensity settings for a customized experience
- 200 minute battery life for sustainable use
- Hypo-allergenic textured silicone
- Bluetooth connectivity
- USB-C enabled

### Includes

- USB-A to USB-C cable

## Wave Solo™

Lightweight and Ultra-Portable



€79

● BLACK

The Wave Solo is lightweight, powerful, and ergonomically designed. Utilizing QuietRoll Technology™, the Wave Solo comes equipped with a range of vibration zones that help to release tension and increase range of motion from the soles of your feet to the tops of your shoulders. Get focused treatment where you need it, wherever you are.

### Features

- 3 intensity settings for a customized experience
- 120 minute batter life for sustainable use
- 3.4" for ultra-portable full-body treatment
- Hypo-allergenic textured silicone
- Bluetooth connectivity
- USB-C enabled

### Includes

- Carrying pouch
- USB-A to USB-C cable

## Yoga Mat

Multi-Purpose Yoga & Fitness Mat



€85

● BLACK

Our multi-purpose, high-grade yoga and fitness mat is soft, comfortable, and has a length and width that are both larger than market. The Theragun Yoga Mat is anti-skid in wet and dry environments and is high-density with an elastic rubber bottom for maximum cushioning and joint protection. Our mat is genuinely made for everybody and helps to improve stability and balance, adding support to any workout.

### Features

- 27.5" W x 74" L x 5mm thickness
- High grade PU, non-slip, super grip when dry or wet
- High density rubber for comfortable cushioning and joint protection

### Includes

- Yoga Mat
- Deluxe carrying bag with 2 pockets



# RecoveryAir

Pneumatic Compression Therapy  
*Recharge* Your Legs



# RecoveryAir PRO

Fully Customizable Pneumatic Compression System



€1,299

● BLACK

**Our top-of-line compression system.** The RecoveryAir PRO gives you total control to create the most customizable pneumatic compression experience in recovery. Choose from various guided programs and tailor your session to best meet your needs.

## Features

- 4 time intervals (10 min. - 90 min. in steps of 5 min or continuous)
- 4 inflation cycles (Sequential, Wave, Isolation, and Flow)
- Pressure hold time variation (1 - 10 seconds)
- Pressure release time variation (10 - 60 seconds)
- Gradient Zone Control
- Basic & PRO Program Sharing
- My Recovery Stats Tracking
- Bluetooth connectivity
- 240 minutes of battery life
- Compatible with:
  - The RecoveryAir PRO Compression Pants
  - The RecoveryAir PRO Compression Vest
  - The RecoveryAir Compression Sleeve

## Includes

- RecoveryAir PRO pump
- DC power adapter
- 2 compression boots
- Pump pouch
- Blocker plug (for single garment use)
- Boots pouch



# RecoveryAir JetBoots

Recharge Your Legs, Anywhere



€899

● BLACK

**RecoveryAir JetBoots make recovery more convenient than ever while still allowing you to experience the full benefits of RecoveryAir's advanced technologies.** JetBoots are a fully wireless pneumatic compression system. Each boot eliminates the external pump and tubes, replacing them with integrated motors that are packed into a sleek, compact design for easy storage and on-the-go recovery. Our exclusive FastFlush Technology™ aids in recovery by completing one full cycle in just 60 seconds—making it 2-3x faster than competitors for rapid recovery. Ultra-portable, convenient and fast.

## Features

- Wireless Compression Boots
- Precise Pressure Technology
- Faster Cycles. Faster Recovery.
- Custom Control Application
- Safer, Hygienic Design
- Bluetooth Connectivity
- 4 time intervals (20, 40, 60, and continuous)
- Basic Program Sharing
- My Recovery Stats Tracking

## Includes

- 2 Compression Boots
- DC Power Adapter



# RecoveryAir Prime

Advanced Compression Simplified for Everybody



€699

● BLACK

**RecoveryAir Prime is an easy-to-use pneumatic compression system that makes it easy for anybody to experience the benefits of our clinically-proven recovery technologies.** Sit back, relax, and recover faster as each boot sequentially compresses the leg to increase circulation and reduce soreness and fatigue. Our exclusive FastFlush Technology™ aids in recovery by completing one full cycle in just 60 seconds—making it 2-3x faster than competitors for rapid recovery. Along with two recovery preset programs, you'll get guided recovery programs when you connect to the Therabody App via Bluetooth®. RecoveryAir Prime is advanced compression, simplified for everyone.

## Features

- 4 time intervals (20, 40, 60, and continuous)
- Pressure hold time variation (1 - 10 seconds)
- Pressure release time variation (10 - 60 seconds)
- Basic Program Sharing
- My Recovery Stats Tracking
- Bluetooth connectivity
- 180 minutes of battery life

## Includes

- RecoveryAir Prime pump
- 2 compression boots
- Blocker plug (for single garment use)
- DC power adapter
- Pump Pouch



# RecoveryAir Compression System - Product Comparison



**RecoveryAir Prime**  
€699



**RecoveryAir JetBoots**  
€899



**RecoveryAir PRO**  
€1,299

Precise Pressure Control	Yes, controlled by RecoveryAir's TruGrade Technology™	Yes, controlled by RecoveryAir's TruGrade Technology™	Yes, controlled by RecoveryAir's TruGrade Technology™
True Negative Gradient Pressure	Yes	Yes	Yes
Cycle Frequency	1 flush per minute	1 flush per minute	1 flush per minute
Internal/External Boot Chambers	Internal (seamless, hygienic design)	Internal (seamless, hygienic design)	Internal (seamless, hygienic design)
Boot Chambers	4 overlapping	4 overlapping	4 overlapping
Garment Compatibility	RecoveryAir Compression Sleeve (sold separately)	-	- RecoveryAir PRO Compression Half Jacket - RecoveryAir PRO Compression Pants - RecoveryAir Compression Sleeve (each sold separately)
Customizable Treatment Modes	2 Preset programs	2 Customizable Programs	4 Preset programs & PRO mode
Internal/External Pump	External	Internal	External
Time Settings	4 time intervals (20, 40, 60, and continuous)	4 time intervals (20, 40, 60, and continuous)	4 time intervals (10 min. - 90 min. in steps of 5 min or continuous)
Pressure Range	20-100 mmGH	25-100mmHg	20-100mmHg
Battery Life	180-minute	240-minute	240-minute
Display Type	Backlit	Backlit	Digital LED
Bluetooth	Yes	Yes	Yes
FDA Type II Medical Device	Yes	Yes	Yes
Warranty	1-year warranty	1 Year warranty	1-year warranty
Weight	3.22lbs.	-	4.72lbs.



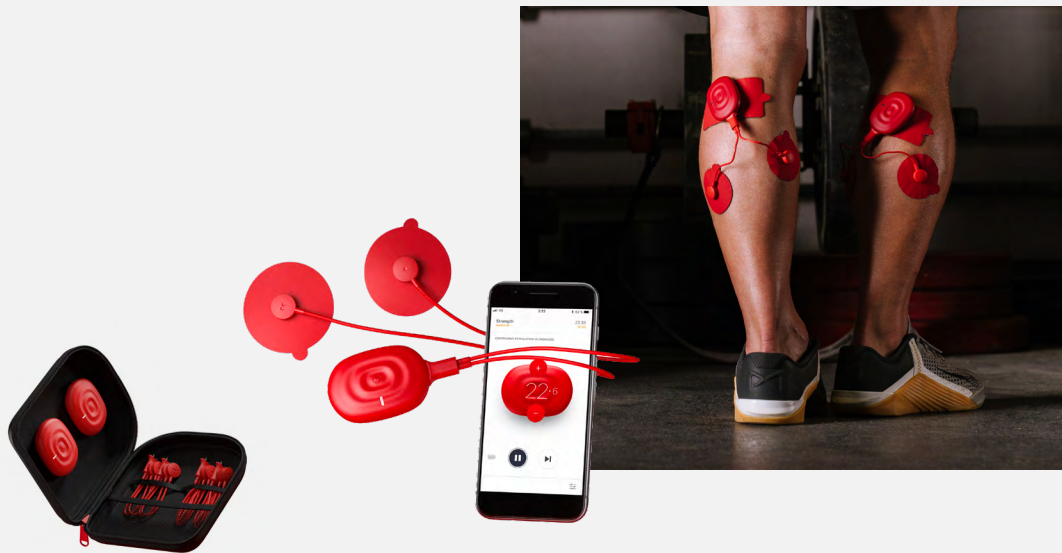
# PowerDot

Electrical Stimulation Therapy  
**Supercharge Your Recovery**



# PowerDot 2.0 Duo

Double the Pads, Double the Power



€349

● RED

This powerful muscle stimulator packs the proven concepts of NMES & TENS into a sleek lightweight pod you can use anywhere. Fully controlled by the PowerDot app, it takes the guesswork out of electrical muscle stimulation by guiding and customizing your intensity and pad placement. Trusted by everyone from the world's top athletes, to fitness enthusiasts, and beyond.

### Features

- Wireless control via Bluetooth®
- Guided programs for performance, wellness, pain
- Lightweight and compact. Hands-free use anywhere
- Customized treatments tailored to your needs
- Up to 20 hours of battery life
- FDA-Cleared Class II Medical Device

### Includes

- 2 PowerDot pods
- 1 set of electrode pads (2 rectangular electrode pads, 4 round electrode pads)
- 2 sets of lead cables (10cm and 30cm)
- 2 micro USB charging cables
- Protective carrying case

# PowerDot 2.0 Uno

The Smartest Muscle Stimulator in Recovery



€199

● RED

This powerful muscle stimulator packs the proven concepts of NMES & TENS into a sleek lightweight pod you can use anywhere. Fully controlled by the PowerDot app, it takes the guesswork out of electrical muscle stimulation by guiding and customizing your intensity and pad placement. Trusted by everyone from the world's top athletes, to fitness enthusiasts, and beyond.

### Features

- Wireless control via Bluetooth®
- Guided programs for performance, wellness, pain
- Lightweight and compact. Hands-free use anywhere
- Customized treatments tailored to your needs
- Up to 20 hours of battery life
- FDA-Cleared Class II Medical Device

### Includes

- 1 PowerDot pod
- 1 set of electrode pads (2 rectangular electrode pads, 4 round electrode pads)
- 1 set of lead cables (10cm and 30cm)
- 1 micro USB charging cable
- Protective carrying case

# Therabody ProPack

The Ultimate Bag For On-The-Go Recovery



€149

● BLACK

## What is the Therabody ProPack?

The Therabody ProPack was built for on-the-go recovery. Whether you carry your wireless RecoveryAir JetBoots to recharge your legs anywhere, or take your Theragun to the gym, ProPack has you covered. This bag is custom-made with pockets and sleeves to fit all of your favorite Therabody products and includes dedicated space for your laptop and daily essentials. It also transitions from a duffel bag to a durable backpack for every adventure.

## Features

- Dedicated RecoveryAir System pocket
- Built to fit Theragun PRO, Prime, PowerDot, TheraOne and RecoveryAir JetBoots
- Dedicated pocket to fit Theragun devices
- Dedicated padded laptop sleeve
- Easy transition from duffel bag to backpack
- Made with high performance materials for comfort and durability

## Includes

- One ProPack bag
- One strap for duffel bag conversion

## Specs

- 17.2" L x 13" W x 9.45" D
- Exterior made of high performance nylon, interior made of polyester
- Made in China



